

Do some activism! (aka so what can I do now??)

1. Get Informed – keep abreast of current events surrounding reproductive issues, on the local, state, federal, and international level. There is a lot going on right now that you should stay aware of. Don't focus solely on federal issues, state and local legislation will more greatly impact your day to day life.
2. Research and visit your local clinics and health centers. Speak with clinic volunteer coordinators to find out more about what they do. What is their perspective on pregnancy, contraception and abortion? How aware are they to the needs of the different backgrounds of people in your community? Contact representatives in your state legislature. Where do they stand on the issues you care about and what action have they taken? Inform others about what you have learned.
3. Support an abortion fund that helps low-income women in your community. The **National Network of Abortion Funds** (<https://fundabortionnow.org/>) provides a directory of members, as well as information on starting your own fund. Host a screening of the Reproductive Freedom Festival as a fundraiser for your local abortion fund.
4. Support the work of other organizations. The National Latina Institute for Reproductive Health has a great resource list <http://latinainstitute.org/en/campaigns> but expand your search, particularly to include smaller, local organizations.
5. A group from Virginia organized a bus to the state capitol to oppose anti-abortion legislation after being inspired by a previous Words of Choices show. What issues are being debated in your state legislature? Organize a bus to your state capitol. Ask your state representative to meet informally on the issues you care about.
6. Use your creativity! How can you combine your creative side (art, music, writing or anything that helps you express yourself) with your interest in protecting and supporting reproductive freedom? For poetry and spoken word inspiration, check out <http://laurenzuniga.com>
7. Write an article or op-ed about why you support reproductive freedom friendly legislation and submit it to the editors of your local and school newspapers, your professional or community organization's newsletters, and your favorite blogs and on-line news sites.
8. Throw a letter-writing party at your organization, house, at a café, or in the park to write personal letters to your elected officials and Supreme Court justices telling them why you and your friends support reproductive justice. For Supreme Court justices, use the salutation "Dear Justice [Last Name]:" Mail your letter to:

Chief Justice (Justice's Full Name)
The Supreme Court of the United States
One First Street NE
Washington, DC 20543

Resource list

The following is by no means exhaustive but contains useful jumping off points as you search for materials on issues of reproductive justice, rights, and health.

1. Read blogs!

- www.Feministing.com
- www.RHRealitycheck.org
- www.Feministe.us/blog
- <http://reproaction.org/>
- <http://everydayfeminism.com/>
- <http://www.theroot.com/>
- <http://wordsofchoice.blogspot.com/>
- www.Latinainstitute.wordpress.com
- <http://www.blogforchoice.com/>
- <http://seachangeprogram.org/>

2. Talk about pregnancy and abortion with your friends and family. Find tips at <http://www.abortionconversationproject.org/>

3. Stock up on basics on reproductive health issues at

- <http://www.guttmacher.org/>
- <http://www.rhttp.org/>
- <http://www.reproductiveaccess.org/>
- <http://pregnancyoptions.info/index.htm>

4. Tell your story online! Check out options at <http://bit.ly/1oBbcnH>

5. Check out some documentaries!

- *Trapped*
- *No Mas Bebés*
- *After Tiller*
- *How to Lose Your Virginity*
- *The Abortion Diaries*
- *Let's Talk About Sex*
- *I Had an Abortion*
- *The Pill* (Directed by Erna Buffie and Elise Swerhone)
- *Beyond the Politics of Life and Choice*
- *12th and Delaware*
- *The Coat Hanger Project*
- *From Danger to Dignity*
- *The Education of Shelby Knox*

7. Or some fictional films!

- *Obvious Child*
- *La Loi* (French biopic)
- *If These Walls Could Talk*
- *Dirty Dancing*
- *4 months, 3 weeks, 2 days*
- *Vera Drake*
- *Citizen Ruth*
- *The Cider House Rules*

- *Just Another Girl on the IRT*
- *Fetus Envy* (short film, on YouTube)

8. Or some great books!

- *Devices and Desires: A History of Contraception in America* by Andrea Tone
- *The Story of Jane: Legendary Feminist Underground Abortion Service* by Laura Kaplan
- *Crow After Roe: How 'Separate but Equal' Has Become the New Standard in Women's Health and How We Can Change That* by Robin Marty & Jessica Mason Pieklo
- *This Common Secret: My Journey as an Abortion Doctor* by Susan Wicklund
- *Living in the Crosshairs: The Untold Stories of Anti-Abortion Terrorism* by David S. Cohen and Krysten Connon
- *Condom Nation: The U.S. Government's Sex Education Campaign from World War I to the Internet* by Alexandra Lord
- *Doctors of Conscience* by Carole Joffe
- *Killing the Black Body: Reproduction, Liberty, and the Meaning of Liberty* by Dorothy Roberts
- *Roe v. Wade* by Marian Faux
- *The Choices We Made* by Angela Bonavoglia
- *Generation Roe* by Sarah Erdreich
- *Undivided Rights: Women of Color Organizing for Reproductive Justice* by Jael Silliman, Marlene Gerber Fried, Loretta Ross, and Elena Gutierrez
- *What if Your Mother* by Judith Arcana
- *Front Lines: Political Plays by American Women* ed Shirley Lauro and Alexis Greene (includes *Words of Choice*)
- *PRO* by Katha Pollitt

Reproductive Freedom Festival Live Streaming Viewing Packet

Prepared by Rachel Goddard

(thanks also to Emma Shakarshy)